

Public Document Pack

NOTTINGHAM CITY COUNCIL

HEALTH AND WELLBEING BOARD

MINUTES of the meeting held at NHS Nottingham City Clinical Commissioning Group, 1 Standard Court, Park Row, Nottingham, NG1 6GN on 29 March 2017 from 2.01 pm - 4.02 pm

Membership

Voting Members

Present

Councillor Alex Norris (Chair) (left during item 8 – Dr Marcus Bicknell took over as Chair during this item)
Councillor Steve Battlemuch
Dr Marcus Bicknell
Alison Challenger
Martin Gawith
Councillor Neghat Khan
Councillor David Mellen (left after item 6)
Jonathan Rycroft
Dawn Smith

Absent

Helen Jones
Alison Michalska
Hugh Porter

Non-voting Members

Present

Lyn Bacon
Leslie McDonald
Gill Moy
Chris Packham
Maria Ward
Andy Winter

Absent

Ted Antil
Wayne Bowcock
Peter Homa
Michelle Simpson

Bryn Coleman (substitute for Wayne Bowcock)

Colleagues, partners and others in attendance:

Karla Banfield	- Acting Market Strategy and Development Manager
Uzmah Bhatti	- Public Health Manager
Helene Denness	- Consultant in Public Health
Jane Garrard	- Senior Governance Officer
Nick Hunter	- Chief Officer, Nottinghamshire Local Pharmaceutical Committee
Dave Miles	- Assistive Technology Project Manager
Peter Morley	- Programme Manager
Joanne Morling	- Acting Consultant in Public Health

Samantha Travis - Local Professional Network Chair, NHS England
James Welbourn - Governance Officer

73 APOLOGIES FOR ABSENCE

Wayne Bowcock
Peter Homa
Helen Jones
Alison Michalska
Dr Hugh Porter
Michelle Simpson

74 DECLARATIONS OF INTERESTS

None.

75 MINUTES

The minutes of the meeting held on 25 January were agreed as a true record and signed by the Chair.

76 HEALTHY CULTURE ACTION PLAN PROGRESS UPDATE

Dr Marcus Bicknell, of NHS Nottingham City Clinical Commissioning Group introduced a report providing the Board with information on strategic developments in relation to the Healthy Culture Outcome of the Health and Wellbeing Strategy 2016-2020.

Dave Miles, Karla Banfield, Peter Morley, Helene Denness talked the Board through PowerPoint presentations that are attached to this pack. A service user gave their experience of using the Assistive Technology service. The following information was highlighted:

- (a) Assistive Technology enables the citizen to have a single point of contact. There is a reviewing function so that citizens can be contacted to see how they are doing;
- (b) the BME community are very hard to reach in terms of promoting and encouraging take up of Assistive Technology services;
- (c) the Bulwell self-care pilot started in July 2015 and ended in January 2017. A key element of this pilot was social prescribing, for example an individual becoming less social isolated and lonely as a result of playing walking football after being referred to the 'Football in the Community' programme";
- (d) the Health and Care Point Model has been revised to make it simpler to access;
- (e) Local Information Online Nottingham (LiON) brings together five online directories. The purpose is to hand back choice and control to the citizen, as

well has helping to reduce demand for face to face services. So far, 2000 services have been registered;

- (f) LiON will bring together a variety of services. The aim is to add it to all computers through an app. The long-term vision is for a citizen hub;
- (g) Nottingham is 8th highest of 326 districts on the Index of Multiple Deprivation;
- (h) only 4.3% of people have gone for help with their debt;

Following questions and comments from Board Members, further information was provided:

- (i) it was suggested that there is a crunch point coming next year with Universal Credit, as well as with changes to housing benefit for under 22s. Welfare reform changes could pose real risks to the strategies already in place;
- (j) there is a 'Week of Action' in May with Nottingham On Call involving Assisted Technology. Any teams are welcome to come down and have a look at the service;
- (k) the LiON website is live now, and people are able to register. There are two full-time members of staff sponsored by the Clinical Commissioning Group (CCG) and the Local Authority. Their sole responsibility is to make sure this site is up to date and relevant;
- (l) the financial resilience group will own the work on the finance and money section of the LiON website;
- (m) Google Translate is on the LiON website, so that people can access it in a variety of different languages. In time, 'read aloud' and 'hear aloud' will be available on the site;

RESOLVED to:

- (1) note the contents of the report;**
- (2) ensure that member organisations work with the Assistive Technology Service (delivered by Nottingham City Homes) to raise awareness and take up, especially with hard to reach groups such as those from Black, Asian and Minority Ethnic (BAME) communities;**
- (3) identify key individuals from Health and Wellbeing Board Member's respective organisations to work with Rachel Jenkins to develop Self-Care across the City;**
- (4) promote LiON and encourage groups, organisations, services to register on LiON and promote the use of it amongst the workforce;**
- (5) use opportunities to raise awareness of the relationship between financial vulnerability and health and wellbeing;**

- (6) champion training for front line workers on how to identify financial vulnerability and provide (or support access to) advice and assistance once this has been established;**
- (7) encourage minor process changes to embed recognition of financial vulnerability and access to assistance (e.g. via clear referral arrangements) within services.**

77 NOTTINGHAM CITY COUNCIL DECLARATION ON ALCOHOL

Joanne Morling, Acting Consultant in Public Health at Nottingham City Council introduced a report outlining Nottingham City Council's declaration on alcohol. Nottingham City Council approved the signing of the Local Authority Declaration on Alcohol in January 2017.

Nottingham is one of the first areas outside of the North-East to develop an action plan and progress it through its Full Council.

A future piece of work reviewing progress and outcomes of organisations signing the tobacco declaration would be welcomed.

Maria Ward was happy to enter discussions with Members present to find a way of getting this message on alcohol to other organisations in the Third Sector.

RESOLVED to:

- (1) endorse and support the Nottingham City Council Declaration on Alcohol;**
- (2) ask Board Members to take this Declaration back to their organisations with a view to supporting, and then signing it.**

78 SUSTAINABILITY AND TRANSFORMATION PLAN UPDATE

Dawn Smith, Chief Officer at NHS Nottingham City CCG introduced a report updating the Board on the feedback received on the Sustainability and Transformation Plan (STP) between November 2016 and February 2017, including details of the governance arrangements and information about the STP readiness assessment review.

The following information was highlighted:

- (a) STP governance arrangements were presented to the Joint Health Scrutiny Committee;
- (b) an approach has been made by the Institute for Volunteering Research and the Big Lottery Fund about using the STP communications strategy as a case study. The STP Advisory Group now has three voluntary sector representatives involved as Members; the Mid Notts Alliance Board also has some representation;

During the discussion the following comments were made:

- (c) the communications strategy is useful but seems to be focused on health professionals and should have a greater focus on communicating with people outside the sector and members of the public;
- (d) Martin Gawith from Healthwatch highlighted three areas of concern:
 - Focus groups to be set up around significant changes being proposed as part of the STP;
 - There needs to be better communications to elected, and other Members. This will help reach different part of communities. It is also important to bear in mind that certain sections of society have already made up their mind on the STP and will not be open to having this opinion altered;
 - There needs to be a strategy that informs and educates supervisory staff and middle management within health and social care organisations

RESOLVED to note the update on the Sustainability and Transformation Plan.

79 NHS NOTTINGHAM CITY CLINICAL COMMISSIONING GROUP OPERATIONAL PLAN 2017-2019

Dawn Smith, Chief Officer at NHS Nottingham City CCG introduced the Operational Plan for 2017-19 developed by NHS Nottingham City CCG in response to the NHS Five Year Forward View.

The Chair noted that the NHS Nottingham City Clinical Commissioning Group Operational Plan was aligned to the Health and Wellbeing Strategy, the Sustainability and Transformation Plan and relevant plans of the City Council. This was really positive for the City.

RESOLVED to note the planning guidance produced by NHS England.

80 HOW COMMUNITY PHARMACY CAN SUPPORT THE SUSTAINABILITY AND TRANSFORMATION PLAN PREVENTION AND WORKFORCE AGENDAS

Nick Hunter, Chief Officer at Nottinghamshire Local Pharmaceutical Committee (LPC) and Samantha Travis, Local Professional Network Chair at NHS England briefed the Board about community pharmacy.

The following information was highlighted:

- (a) there have been significant cuts to the sector as well as efficiency savings. As a result, the core contract has been changed and an equality scheme has been brought in;
- (b) pharmacies have to meet 27 different criteria to get healthy living pharmacy accreditation;

- (c) Health Education England funding has been secured for every pharmacy in Nottinghamshire and Derbyshire to have a 'Healthy Living Leader'. LPCs have devolved money for training;

Following comment and questions from Members, further information was provided:

- (d) co-commissioning of services between the Local Authority, CCGs and NHS England could be overseen by a new group containing representatives of all of the above;
- (e) there has been one pharmacy closure in Derbyshire. There are no immediate plans for other pharmacy closures, but there are pharmacies under significant financial pressure. Some pharmacies are cutting back the hours that they are open;
- (f) as part of the Healthy Living Pharmacy accreditation pharmacies are required to undertake engagement with local communities and promote healthy living messages. There is scope for the Health and Wellbeing Board to influence the messages and campaigns that pharmacies in Nottingham focus on. It was suggested that this could be based around the Health and Wellbeing Strategy and that discussions take place between NHS England and Public Health about progressing this opportunity.

RESOLVED to:

- (1) **note the report;**
- (2) **ask the Local Authority, NHS England and CCGs to form a group overseeing the co-commissioning of services.**

81 CHANGE TO THE HEALTH AND WELLBEING BOARD COMMISSIONING SUB COMMITTEE TERMS OF REFERENCE

Jane Garrard, Senior Governance Officer at Nottingham City Council set out the proposed changes to the Health and Wellbeing Board Commissioning Sub Committee Terms of Reference, including membership.

The change in the Terms of Reference relates to overseeing the section 75 agreement on Tier 2 Child and Adolescent Mental Health Services (CAMHS).

RESOLVED to agree the revised Terms of Reference for the Health and Wellbeing Board Commissioning Sub Committee as set out in Appendix 1 of the report.

82 HEALTH AND WELLBEING BOARD FORWARD PLAN

RESOLVED to note the future meeting dates for the Health and Wellbeing Board. These are (all at 2pm):

**31 May 2017;
26 July 2017;**

27 September 2017;
29 November 2017;
31 January 2018;
28 March 2018.

83 BOARD MEMBER UPDATES

In addition to the written updates circulated as part of the agenda pack, further information was provided by Members:

- (a) Maria Ward, from Nottingham Community and Voluntary Service (NCVS) added that NCVS were there to take any issues that relate to Health and Social Care. NCVS are still involved in the Health and Wellbeing Strategy;
- (b) a plan from NCVS was circulated to Members present and is attached to this minutes pack;
- (c) Martin Gawith from Healthwatch Nottingham informed Members that their mental health report had been well received. Care home review comments were taken on board by residents and owners;
- (d) the Quality Premium received by NHS Nottingham City CCG is usually a sum of money around £1million – however this year the figure received was £250,000;
- (e) there is a Primary Care Panel set up to deal with issues including GP closures. Councillor Neghat Khan has recently been invited to join the Panel as a representative of the Board;
- (f) the recent pilot OFSTED inspection in Nottingham City went well;
- (g) a video called 'Did Not Attend' is available on YouTube, and was circulated to all Members by Jane Garrard following the last meeting;
- (h) the Government have recently announced that sex and relationship education will become mandatory for all schools in England that follow the National Curriculum. Parents will still have the right to withdraw children if they wish. In Nottingham there are inconsistencies in how schools provide sexual and relationship education and a Sex and Relationships Charter has been established for schools to sign up to;
- (i) Nottingham is required to develop a 'Clean Air Zone'. This will be one of the issues discussed at the Health and Wellbeing Board development session on 26 April on the environmental outcome of the Health and Wellbeing Strategy. The session will also include a piece of work on health and green spaces. Alison Challenger will circulate a reminder to Members with a venue and an agreed time.

84 MINUTES OF THE HEALTH AND WELLBEING BOARD COMMISSIONING SUB COMMITTEE MEETING HELD ON 8 MARCH 2017 (DRAFT)

RESOLVED to note the draft minutes of the Health and Wellbeing Board Commissioning Sub Committee meeting held on 8 March 2017.

85 NEW JOINT STRATEGIC NEEDS ASSESSMENT (JSNA) CHAPTER - CARERS

RESOLVED to note that a new Joint Strategic Needs Assessment chapter on Carers had been published.

Health and Wellbeing Strategy, Healthy Culture Action Plan Progress Update

Marcus Bicknell

Priority Outcome: Individuals and groups will have the confidence to make healthy life choices and access services at the right time to benefit their health and wellbeing

Themes:

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1. **Services will work better together through the continued integration of health and social care that is designed around the citizen, personalised and coordinated in collaboration with individuals, carers and families**

2. **Individuals and groups will have confidence to make healthy life choices and access services at the right time to benefit their health and wellbeing**

3. **Citizens will have knowledge of opportunities to live healthy lives and of services available within communities**

4. **We will reduce the harmful effect of debt and financial difficulty on health and wellbeing**

Minute Item 76



Assistive Technology 1

Over 8,000 citizens have an AT package;
Evidence of Return on Investment of £3.51 / £1;
Integration of services from January 2017;
Need to focus on priority groups;
Increase awareness / take up from specific groups
e.g. deaf / BAME communities.

Assistive Technology 2

Integrated AT Service

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Pam's Story

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Nottingham
City Council

Next Phase Integration

Significant achievement with integration to date –
CDG's, MDT's, urgent care / reablement
integration;

Next phase to build on success:-

- > joint prioritisation of resources;
- > avoid duplication of commissioning;
- > targeting resources to meet shared
priorities / outcomes.

Next Phase Integration Model



- Access and Navigation – getting the right support at the right time;
- An advanced community offer to promote self-care and independence;
- Integrated health and social care responses to citizens changing needs and circumstances.



Next Phase Integration Priorities

Managing risk

Prevention and self-care

Developing the third sector

Workforce and culture

Responsiveness

Achieving outcomes

Parity of Esteem

Technology enabled care



Bulwell & Bulwell Forest Self Care Pilot

- Started in July 2015 and ended in January 2017
- Currently being externally evaluated, final report due mid April 2017 and presenting to the Integrated Care Board for sign off in May 2017
- Social Prescribing has been rolled out across the City's GP practices with the final CDGs (3&4) going live on 25th April 2017

Social Prescribing Case Study

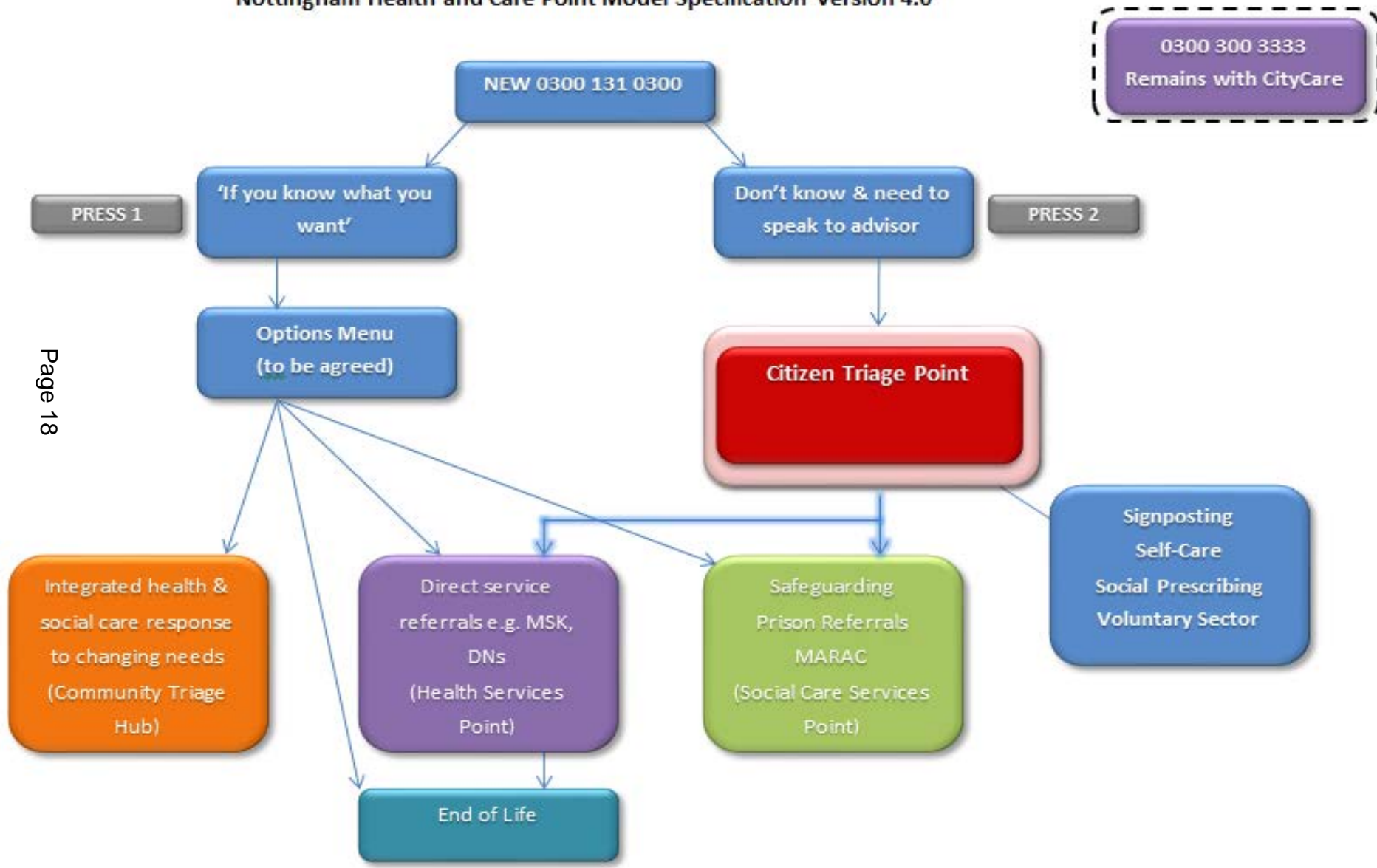
DN's GP referred him for social isolation.

During the initial assessment call with the Care Co-ordinator, DN talked about playing football for Mansfield reserves when he was younger and how much he missed the game and the social life that went with it. The Care Co-ordinator signposted him to *Football in the Community* run by Notts County FC and they introduced DN to Walking Football.



DN started Walking football sessions and enjoys playing again. His social life has returned and he reports his low mood has improved.

Nottingham Health and Care Point Model Specification Version 4.0





LION Local Information Online Nottingham
Your directory for information, advice and guidance

Brought to you by



in

Karla Banfield

Market & Business Partnerships





What do you want to Ask Lion? in

Please note that this website is still under development



Free Childcare

The Early Learning Programme offers free childcare places for eligible 2 year olds. [Click Here](#) to find out more.



Help at Home

Do you need help at home? Please search our selection of services to help you live more independently at home.



Carers

Are you a carer? Do you need help or support? Please search our selection of services to help you



Feeling Lonely?

Feeling Lonely? You may be young or old, in a relationship or on your own. For support and help [click here](#)



Homes and housing



Healthy lifestyle



Children and families



Education and training



Things to do



Work and money



Health and self care



Special Educational Needs and Disabilities Local Offer



Register your group, service, activity or club now



Medium-term vision

- Bring together a variety of services, activities and groups
- Citizens and workforce know how to find information and services locally
- Empowering citizens to manage their needs, by providing choice
- Develop an 'app' style product that can be included on all mobile devices & PC's (Inc. GP surgeries, libraries, contact centres)

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Long-term vision

- LiON becomes a citizen hub, which is more than a online directory, but is at the heart of helping citizens to make healthy life choices.
- Citizens will be knowledgeable about the services within their community
- The workforce will be knowledgeable about services and activities available

Key Asks

- Promote LiON and encourage
- Groups, organisations, services to register on LiON
- The workforce to use it when searching for local activities and services for citizens
- The workforce and citizens to tell us what we don't know – which group, activity or service is not on LiON

lion@nottinghamcity.gov.uk



Financial Resilience

Peter Morley



Financial difficulty in Nottingham

- IMD – Nottingham ranks **8th** out of the **326** districts in England (20th in 2010, 13th in 2007). A third of the City's super output areas are in the top 10% most deprived nationally and just over 60% are in the top 20%
- Nottingham is **8th highest** of all local authority areas and highest of the core cities on the Income Deprivation Affecting Children Index (IDACI) (2015), a measure of the proportion of children aged 0-15 living in income deprived families.
- Indebted lives (Money Advice Service) – Nottingham 2nd out of all local authority areas for proportion of population considered 'over-indebted' (41.2%)
- Citizen survey – 38% of households with children struggling or not keeping up with bills
- Citizen Survey – 44% of disabled adults struggling or not keeping up with bills

The links between debt, financial difficulty and poor health

- Marmot: Fair Society, Healthy Lives
- Wilkinson: Spirit Level
- Picker Institute: Debt and Health (2015)
- Skapinakis et al: longitudinal study, socio-economic position and common mental disorders
- Stringhini et al: meta-analysis, socioeconomic status and the determinants of premature mortality
- StepChange survey of debt and health
- HWB Strategy consultation - the most commonly mentioned “main issue” affecting people’s health and happiness in Nottingham

48% own their own home

42% have been chased by creditors in the last year

75% are under the age of 45

Skills, knowledge and attitudes

41% lack the skills and confidence to deal with their creditors

44% don't know about the debt solutions available to them

82% believe it's important that they are debt free

Living with debt

74% are unhappy

70% often feel anxious because of their debt

56% report a negative impact on their family life

17% currently access advice

Repaying their debts is very important to people

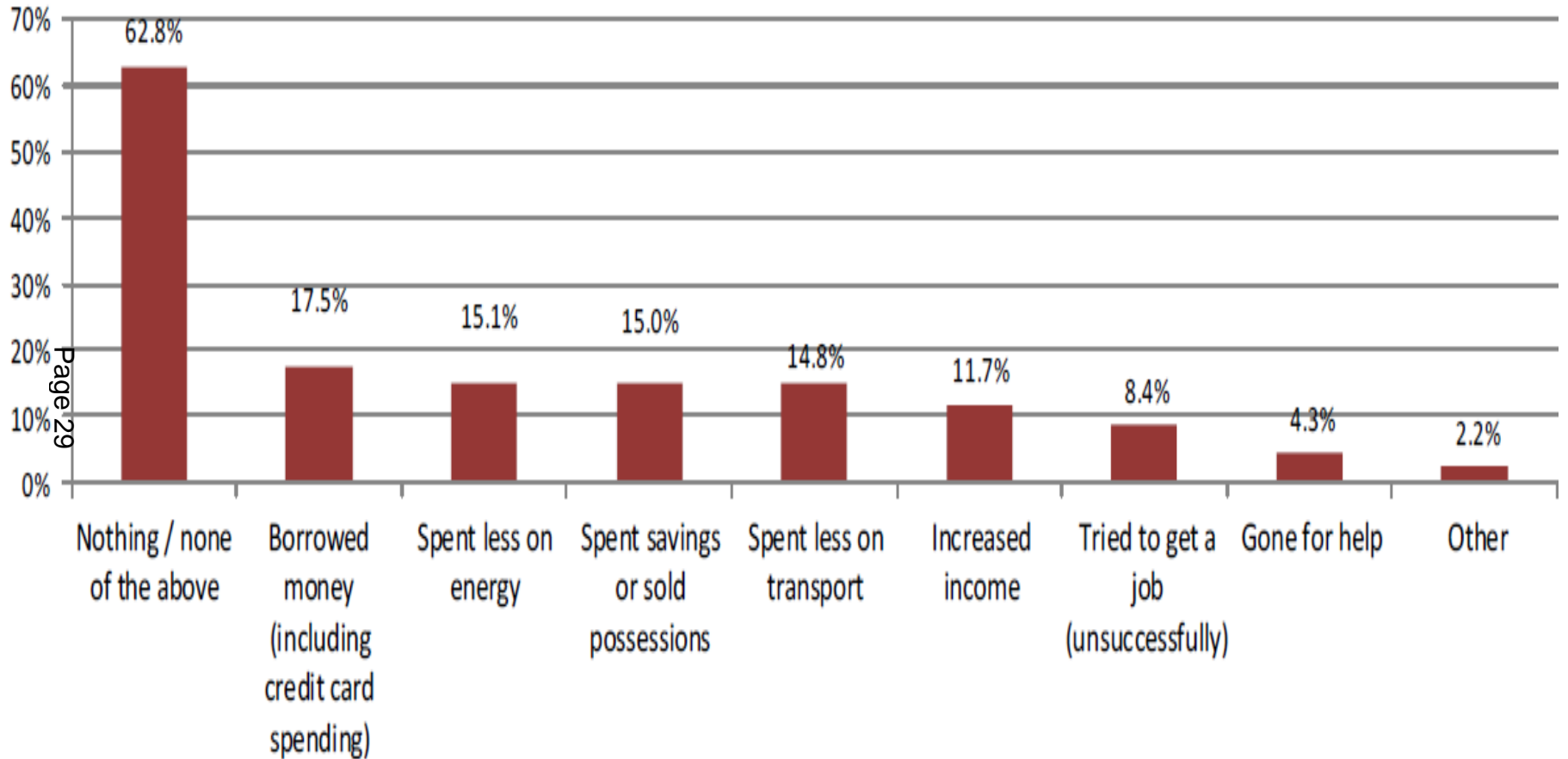
83% would like to pay off their debts as soon as possible



The value of advice services

Annual cost of service	£833,883
Full Cases	10,598 (or citizens 8,354)
Benefit Gains	£8,529,842
Benefit gained per pound of spend	£10.23
Debt Managed	£2,984,413
Debt managed per pound of spend	£3.57

Headline: 37.2% have made changes due to the economic climate



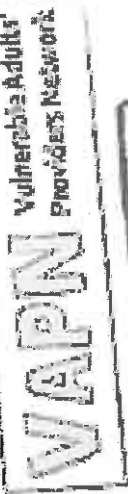


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Nottingham
City Council

Where do the VCS Networks fit in the health and wellbeing agenda?



National -

Through the strategic partners programme: relevant to infrastructure - NAVCA, Volunteer Matters and National Voices up to DOH, PHE and NHS England.

- 1 Single point of contact with the VCS with Volunteer Matters, NAVCA, and NHS England
- 2 IPC and Personal Health Budgets with Volunteer Matters, National Voices, NAVCA and NHS England

Funded Nationally

Regional

Through Regional Voices, East Midlands Voluntary Youth and other regional bodies including D2N2

- 1 Regional Voices – East Midlands - this work has included cascading information out of the local VCS for regional events in the main run by NHS England, PHE and DOH.
- 2 Other regional forums influencing National Policy – DFE, DCLG, DWP etc.

Funded Nationally

Local

Through our work with the Local Authority and CCG (and other partners), to help develop, design, implement and review policy and services

- 1 A range of partners to improve health and wellbeing in Nottingham City. – some outlined in my snapshot report
- 2 VCS organisations to help them to engage with the systems including capacity building, engagement etc.
- 3 STP work throughout the Nottingham and Nottinghamshire STP footprint area

Funded locally from national budgets allocated to the LA and CCG

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